

Swimming Wellington 2017 Short Course Championships

2nd – 3rd September 2017 and 9th – 10th September 2017

Wellington Regional Aquatic Centre, Kilbirnie, Wellington

1. Meet will be swum under SNZ/FINA rules with over the top starts. **All participants must agree to comply with the Sports' Anti-Doping Rules**
2. **This event will be swum Short Course and the start end will be from the shallow end. Please note the pool depth is 1.2m. Care is required when diving. Entry to the pool during warm-up will be feet first only (except authorised sprint lanes)**
3. Age is as at **2 September 2017. This meet is open to all SNZ registered COMPETITIVE swimmers only**
4. Qualifying times must have been obtained between **6 August 2016** and the entry closing date of **27 August 2017**. Converted times are permissible
5. **Performances not held within the National Database will not be eligible for use to enter this Championship**
6. Individual Timed Final Events will be swum and scored in the following age groups for both male & female: 50m All strokes: 9/u, 10, 11, 12, 13, 14, 15, 16/17,18+ 100m All strokes: 9/u, 10, 11, 12, 13, 14, 15, 16/17,18+ 200m All strokes: 10/u, 11, 12, 13, 14, 15, 16/17,18+ 400m Freestyle & IM: 11/u, 12/13, 14/15, 16/17,18+ 800m Freestyle: Open Male/Female **and** 1500m Freestyle: Open Male/Female
Top 30
7. Medals will be presented throughout the sessions, to those placed 1st, 2nd and 3rd in each event. Ribbons will be available for collection for those placed 4th – 10th. Overall age group awards will be presented for each MALE and FEMALE 9/U, 10, 11, 12, 13, 14, 15, 16/O at the end of the meet. There will be no restriction on the number of visiting swimmers
8. 3 trophies will be awarded to Wellington Regional Clubs only. (1) To the club team of more than four swimmers that achieves the best average individual event points over the meet, i.e. points divided by the number of swimmers; (2) for the Club with the highest points score; (3) for the highest scoring club in the 12&U age. The points will be earned as 20, 14, 10, 7, 6, 5, 4, 3, 2, 1 for first to tenth inclusive
9. All participating clubs will be expected to provide officials for the meet. These officials are in addition to the duty club requirements
10. National Meet dress standards will be observed for all medal presentations. Same gender substitutes will be allowed for the presentations
11. **Entries will be via the SNZ Database. Entries OPEN on 7 August 2017 at 8.00am and CLOSE at 23:59:59 (Midnight) on Sunday 27 August 2017. Late entries will not be accepted**
12. **Entry fees are \$11.00 per event including GST. Direct payment to be made via the SNZ database. SW GST number 59-780-824**
13. For all **timed final and final events, scratchings must be received by the end of the previous session. Those swimming in Final Events in the first session of each weekend, must withdraw by 5pm Friday 1st or 8th September 2017.** Failure to follow this withdrawal procedure will result in a \$30 late withdrawal fee payable on the day, in accordance with SNZ Regulations 3 [3.2]
14. **There will be no refunds for withdrawals after publication of the psych sheets. Swimmers withdrawing for medical reasons must provide a valid medical certificate prior the start of the meet on 1 September 2017, to be considered for a refund. Please ensure your swimmers and their families are informed**
15. **Entry to the pool will be through the southern entrance on Kilbirnie Crescent for all Swimmers, Officials, Team Managers and Coaches. Swimming Wellington pool entry passes are to be used by Officials, Swimmers and Team Managers. Coaches NZSCTA entry passes are to be used. Passes must be shown upon entry. Visiting clubs will be issued with temporary entry passes for the weekend. Timekeepers and Duty Clubs are also asked to sign in at the southern entrance on Kilbirnie Crescent**
16. Entry (and programmes) for **nominated Team Coaches & Team Managers** will be; 1–10 Swimmers [2], 11–20 [4], 21–35+ [6]. Programmes for Team Managers & Coaches can be uplifted from the recorders table next to the AOD room. **There will be a Team Manager and Officials Meeting held in the Marshalling Room at the beginning of Warm Up (3.00pm) on both Saturday Sessions. All Team Managers and Officials are required to attend this meeting**
17. Entry fee \$3 for all spectators. Programmes \$3 per session
18. Warm up is restricted to those competing in the meet. Two warm-up/ warm-down lanes will be available throughout the meet
19. Para swimmers are eligible to compete at this meet. Para swimmers must present their classification card to the Meet Director prior to commencement of the meet. **There are no qualifying times for para swimmers (but a valid entry time must be submitted with all entries).** Entries for para swimmers must be submitted manually by email to Events@swimwn.co.nz on or before the 27 August 2017 closing date
20. The organisers reserve the right to amend the programme, and to refuse entries
21. **Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington in accordance with the SNZ Member Protection Policy**
22. SW will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports Anti-Doping Rules

Meet Organisers: Henrietta Latham Operations@swimwn.co.nz

Events@swimwn.co.nz

Meet Director – TBA

Swimming Wellington 2017 Short Course Championships

2nd – 3rd September 2017 and 9th – 10th September 2017

WEEKEND 1 - Saturday 2nd and Sunday 3rd September 2017

| Session 1- Saturday 2 nd | | | | Session 2- Sunday 3 rd | | | | Session 3- Sunday 3 rd | | | |
|-------------------------------------|--------|---|-------|-----------------------------------|---------|---|-------|-----------------------------------|--------|---|-------|
| Warm-up: 3-3.45pm | | | | Warm-up: 7.30-8.15am | | | | Warm-up: 3-3.45pm | | | |
| Start: 3.50pm | | | | Start: 8.20am | | | | Start: 3.50pm | | | |
| 1 | 400 Fr | F | 11/U | 44 | 800 Fr | M | Top30 | 82 | 400 Fr | M | 14/15 |
| 2 | 400 Fr | F | 12/13 | 45 | 800 Fr | F | Top30 | 83 | 400 Fr | M | 16/O |
| 3 | 400 Fr | M | 11/U | 46 | 200 Bk | M | 10/U | 84 | 400 Fr | F | 14/15 |
| 4 | 400 Fr | M | 12/13 | 47 | 200 Bk | M | 11 | 85 | 400 Fr | F | 16/O |
| 5 | 50 Br | F | 9/U | 48 | 200 Bk | M | 12 | 86 | 50 Fly | M | 9/U |
| 6 | 50 Br | F | 10 | 49 | 200 Bk | M | 13 | 87 | 50 Fly | M | 10 |
| 7 | 50 Br | F | 11 | 50 | 200 Bk | M | 14 | 88 | 50 Fly | M | 11 |
| 8 | 50 Br | F | 12 | 51 | 200 Bk | M | 15 | 89 | 50 Fly | M | 12 |
| 9 | 50 Br | F | 13 | 52 | 200 Bk | M | 16/O | 90 | 50 Fly | M | 13 |
| 10 | 50 Br | F | 14 | 53 | 200 Bk | F | 10/U | 91 | 50 Fly | M | 14 |
| 11 | 50 Br | F | 15 | 54 | 200 Bk | F | 11 | 92 | 50 Fly | M | 15 |
| 12 | 50 Br | F | 16/O | 55 | 200 Bk | F | 12 | 93 | 50 Fly | M | 16/O |
| 13 | 50 Br | M | 9/U | 56 | 200 Bk | F | 13 | 94 | 50 Fly | F | 9/U |
| 14 | 50 Br | M | 10 | 57 | 200 Bk | F | 14 | 95 | 50 Fly | F | 10 |
| 15 | 50 Br | M | 11 | 58 | 200 Bk | F | 15 | 96 | 50 Fly | F | 11 |
| 16 | 50 Br | M | 12 | 59 | 200 Bk | F | 16/O | 97 | 50 Fly | F | 12 |
| 17 | 50 Br | M | 13 | 60 | 100 Fr | M | 9/U | 98 | 50 Fly | F | 13 |
| 18 | 50 Br | M | 14 | 61 | 100 Fr | M | 10 | 99 | 50 Fly | F | 14 |
| 19 | 50 Br | M | 15 | 62 | 100 Fr | M | 11 | 100 | 50 Fly | F | 15 |
| 20 | 50 Br | M | 16/O | 63 | 100 Fr | M | 12 | 101 | 50 Fly | F | 16/O |
| 21 | 100 Bk | F | 9/U | 64 | 100 Fr | M | 13 | 102 | 200IM | M | 10/U |
| 22 | 100 Bk | F | 10 | 65 | 100 Fr | M | 14 | 103 | 200IM | M | 11 |
| 23 | 100 Bk | F | 11 | 66 | 100 Fr | M | 15 | 104 | 200IM | M | 12 |
| 24 | 100 Bk | F | 12 | 67 | 100 Fr | M | 16/O | 105 | 200IM | M | 13 |
| 25 | 100 Bk | F | 13 | 68 | 200 Fly | F | 10/U | 106 | 200IM | M | 14 |
| 26 | 100 Bk | F | 14 | 69 | 200 Fly | F | 11 | 107 | 200IM | M | 15 |
| 27 | 100 Bk | F | 15 | 70 | 200 Fly | F | 12 | 108 | 200IM | M | 16/O |
| 28 | 100 Bk | F | 16/O | 71 | 200 Fly | F | 13 | 109 | 100 Fr | F | 9/U |
| 29 | 100 Bk | M | 9/U | 72 | 200 Fly | F | 14 | 110 | 100 Fr | F | 10 |
| 30 | 100 Bk | M | 10 | 73 | 200 Fly | F | 15 | 111 | 100 Fr | F | 11 |
| 31 | 100 Bk | M | 11 | 74 | 200 Fly | F | 16/O | 112 | 100 Fr | F | 12 |
| 32 | 100 Bk | M | 12 | 75 | 200 Fly | M | 10/U | 113 | 100 Fr | F | 13 |
| 33 | 100 Bk | M | 13 | 76 | 200 Fly | M | 11 | 114 | 100 Fr | F | 14 |
| 34 | 100 Bk | M | 14 | 77 | 200 Fly | M | 12 | 115 | 100 Fr | F | 15 |
| 35 | 100 Bk | M | 15 | 78 | 200 Fly | M | 13 | 116 | 100 Fr | F | 16/O |
| 36 | 100 Bk | M | 16/O | 79 | 200 Fly | M | 14 | | | | |
| 37 | 200 IM | F | 10/U | 80 | 200 Fly | M | 15 | | | | |
| 38 | 200 IM | F | 11 | 81 | 200 Fly | M | 16/O | | | | |
| 39 | 200 IM | F | 12 | | | | | | | | |
| 40 | 200 IM | F | 13 | | | | | | | | |
| 41 | 200 IM | F | 14 | | | | | | | | |
| 42 | 200 IM | F | 15 | | | | | | | | |
| 43 | 200 IM | F | 16/O | | | | | | | | |

There will be continuous warm up and warm down available – 2 lanes only



WEEKEND 2 - Saturday 9th and Sunday 10th September 2017

| Session 4- Saturday 9 th | | | | Session 5- Sunday 10 th | | | | Session 6- Sunday 10 th | | | |
|-------------------------------------|--------|---|-------|------------------------------------|---------|---|-------|------------------------------------|---------|---|-------|
| Warm-up: 3-3.45pm | | | | Warm-up: 7.30-8.15am | | | | Warm-up: 3-3.45pm | | | |
| Start: 3.50pm | | | | Start: 8.20am | | | | Start: 3.50pm | | | |
| 117 | 400IM | F | 11/U | 160 | 1500 Fr | M | Top30 | 200 | 200 Fr | M | 10/U |
| 118 | 400IM | F | 12/13 | 161 | 1500 Fr | F | Top30 | 201 | 200 Fr | M | 11 |
| 119 | 400IM | M | 11/U | 162 | 100 IM | M | 9/U | 202 | 200 Fr | M | 12 |
| 120 | 400IM | M | 12/13 | 163 | 100 IM | M | 10 | 203 | 200 Fr | M | 13 |
| 121 | 50 Bk | F | 9/U | 164 | 100 IM | M | 11 | 204 | 200 Fr | M | 14 |
| 122 | 50 Bk | F | 10 | 165 | 100 IM | M | 12 | 205 | 200 Fr | M | 15 |
| 123 | 50 Bk | F | 11 | 166 | 100 IM | M | 13 | 206 | 200 Fr | M | 16/O |
| 124 | 50 Bk | F | 12 | 167 | 100 IM | M | 14 | 207 | 400 IM | F | 14/15 |
| 125 | 50 Bk | F | 13 | 168 | 100 IM | M | 15 | 208 | 400 IM | F | 16/O |
| 126 | 50 Bk | F | 14 | 169 | 100 IM | M | 16/O | 209 | 400 IM | M | 14/15 |
| 127 | 50 Bk | F | 15 | 170 | 100 IM | F | 9/U | 210 | 400 IM | M | 16/O |
| 128 | 50 Bk | F | 16/O | 171 | 100 IM | F | 10 | 211 | 100 Fly | F | 9/U |
| 129 | 50 Bk | M | 9/U | 172 | 100 IM | F | 11 | 212 | 100 Fly | F | 10 |
| 130 | 50 Bk | M | 10 | 173 | 100 IM | F | 12 | 213 | 100 Fly | F | 11 |
| 131 | 50 Bk | M | 11 | 174 | 100 IM | F | 13 | 214 | 100 Fly | F | 12 |
| 132 | 50 Bk | M | 12 | 175 | 100 IM | F | 14 | 215 | 100 Fly | F | 13 |
| 133 | 50 Bk | M | 13 | 176 | 100 IM | F | 15 | 216 | 100 Fly | F | 14 |
| 134 | 50 Bk | M | 14 | 177 | 100 IM | F | 16/O | 217 | 100 Fly | F | 15 |
| 135 | 50 Bk | M | 15 | 178 | 200 Br | M | 10/U | 218 | 100 Fly | F | 16/O |
| 136 | 50 Bk | M | 16/O | 179 | 200 Br | M | 11 | 219 | 100 Fly | M | 9/U |
| 137 | 200 Fr | F | 10/U | 180 | 200 Br | M | 12 | 220 | 100 Fly | M | 10 |
| 138 | 200 Fr | F | 11 | 181 | 200 Br | M | 13 | 221 | 100 Fly | M | 11 |
| 139 | 200 Fr | F | 12 | 182 | 200 Br | M | 14 | 222 | 100 Fly | M | 12 |
| 140 | 200 Fr | F | 13 | 183 | 200 Br | M | 15 | 223 | 100 Fly | M | 13 |
| 141 | 200 Fr | F | 14 | 184 | 200 Br | M | 16/O | 224 | 100 Fly | M | 14 |
| 142 | 200 Fr | F | 15 | 185 | 200 Br | F | 10/U | 225 | 100 Fly | M | 15 |
| 143 | 200 Fr | F | 16/O | 186 | 200 Br | F | 11 | 226 | 100 Fly | M | 16/O |
| 144 | 100 Br | M | 9/U | 187 | 200 Br | F | 12 | 227 | 50 Free | F | 9/U |
| 145 | 100 Br | M | 10 | 188 | 200 Br | F | 13 | 228 | 50 Free | F | 10 |
| 146 | 100 Br | M | 11 | 189 | 200 Br | F | 14 | 229 | 50 Free | F | 11 |
| 147 | 100 Br | M | 12 | 190 | 200 Br | F | 15 | 230 | 50 Free | F | 12 |
| 148 | 100 Br | M | 13 | 191 | 200 Br | F | 16/O | 231 | 50 Free | F | 13 |
| 149 | 100 Br | M | 14 | 192 | 50 Free | M | 9/U | 232 | 50 Free | F | 14 |
| 150 | 100 Br | M | 15 | 193 | 50 Free | M | 10 | 233 | 50 Free | F | 15 |
| 151 | 100 Br | M | 16/O | 194 | 50 Free | M | 11 | 234 | 50 Free | F | 16/O |
| 152 | 100 Br | F | 9/U | 195 | 50 Free | M | 12 | | | | |
| 153 | 100 Br | F | 10 | 196 | 50 Free | M | 13 | | | | |
| 154 | 100 Br | F | 11 | 197 | 50 Free | M | 14 | | | | |
| 155 | 100 Br | F | 12 | 198 | 50 Free | M | 15 | | | | |
| 156 | 100 Br | F | 13 | 199 | 50 Free | M | 16/O | | | | |
| 157 | 100 Br | F | 14 | | | | | | | | |
| 158 | 100 Br | F | 15 | | | | | | | | |
| 159 | 100 Br | F | 16/O | | | | | | | | |

Swimmers can record an official 800m time from their 1500m swim. These extracted times will not be scored nor placed.

Swimming Wellington 2017 Short Course Championships

2nd – 3rd September 2017 and 9th – 10th September 2017

Qualifying Times 2017

Male

Short Course

Female

| 9/U | 10 | 11 | 12 | 13 | 14 | 15 | 16/O | Event | 9/U | 10 | 11 | 12 | 13 | 14 | 15 | 16/O |
|--------------------------|-------|-------|-------|-------|-------|-------|-------|-------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Freestyle | | | | | | | | | | | | | | | | |
| 0.45 | 0.43 | 0.42 | 0.40 | 0.35 | 0.34 | 0.34 | 0.33 | 50 | 0.45 | 0.43 | 0.42 | 0.40 | 0.37 | 0.36 | 0.35 | 0.35 |
| 1.43 | 1.35 | 1.29 | 1.25 | 1.15 | 1.13 | 1.12 | 1.11 | 100 | 1.43 | 1.35 | 1.29 | 1.25 | 1.18 | 1.17 | 1.17 | 1.16 |
| 3.17 | 3.17 | 3.02 | 2.53 | 2.38 | 2.34 | 2.32 | 2.28 | 200 | 3.17 | 3.17 | 3.02 | 2.53 | 2.44 | 2.42 | 2.41 | 2.39 |
| 6.10 | 6.10 | 6.10 | 6.00 | 5.35 | 5.25 | 5.24 | 5.24 | 400 | 6.10 | 6.10 | 6.10 | 6.00 | 5.50 | 5.44 | 5.42 | 5.38 |
| 11.20 | 11.20 | 11.20 | 11.20 | 11.20 | 10.45 | 10.45 | 10.45 | 800 | 11.30 | 11.30 | 11.30 | 11.30 | 11.30 | 11.25 | 11.25 | 11.23 |
| 21.12 | 21.12 | 21.12 | 21.12 | 21.12 | 20.40 | 20.40 | 20.23 | 1500 | 22.00 | 22.00 | 22.00 | 22.00 | 22.00 | 21.40 | 21.40 | 21.40 |
| Backstroke | | | | | | | | | | | | | | | | |
| 0.51 | 0.50 | 0.48 | 0.45 | 0.40 | 0.39 | 0.38 | 0.37 | 50 | 0.51 | .50 | 0.48 | 0.45 | 0.42 | 0.41 | 0.41 | 0.40 |
| 1.51 | 1.47 | 1.41 | 1.36 | 1.24 | 1.23 | 1.23 | 1.21 | 100 | 1.51 | 1.47 | 1.41 | 1.36 | 1.29 | 1.28 | 1.28 | 1.27 |
| 3.35 | 3.35 | 3.22 | 3.10 | 3.00 | 2.55 | 2.50 | 2.49 | 200 | 3.35 | 3.35 | 3.24 | 3.14 | 3.06 | 3.01 | 3.00 | 2.58 |
| Breaststroke | | | | | | | | | | | | | | | | |
| 0.59 | 0.56 | 0.52 | 0.49 | 0.45 | 0.44 | 0.43 | 0.42 | 50 | 0.59 | 0.56 | 0.52 | 0.49 | 0.46 | 0.45 | 0.45 | 0.44 |
| 2.14 | 2.00 | 1.52 | 1.47 | 1.36 | 1.33 | 1.32 | 1.31 | 100 | 2.05 | 1.55 | 1.43 | 1.40 | 1.39 | 1.38 | 1.38 | 1.37 |
| 4.09 | 4.09 | 3.48 | 3.38 | 3.21 | 3.14 | 3.12 | 3.10 | 200 | 4.00 | 4.00 | 3.40 | 3.29 | 3.28 | 3.27 | 3.20 | 3.20 |
| Butterfly | | | | | | | | | | | | | | | | |
| 0.54 | 0.50 | 0.47 | 0.44 | 0.40 | 0.39 | 0.39 | 0.38 | 50 | 0.55 | 0.51 | 0.47 | 0.44 | 0.41 | 0.40 | 0.40 | 0.40 |
| 2.00 | 1.52 | 1.43 | 1.40 | 1.28 | 1.25 | 1.24 | 1.24 | 100 | 2.00 | 1.53 | 1.44 | 1.41 | 1.35 | 1.30 | 1.29 | 1.28 |
| 3.35 | 3.35 | 3.35 | 3.30 | 3.08 | 3.06 | 3.04 | 3.03 | 200 | 3.40 | 3.40 | 3.40 | 3.35 | 3.25 | 3.20 | 3.20 | 3.18 |
| Individual Medley | | | | | | | | | | | | | | | | |
| 1.56 | 1.49 | 1.42 | 1.38 | 1.27 | 1.26 | 1.26 | 1.26 | 100 | 1.56 | 1.48 | 1.42 | 1.38 | 1.30 | 1.29 | 1.29 | 1.29 |
| 3.26 | 3.26 | 3.26 | 3.14 | 3.01 | 2.56 | 2.55 | 2.54 | 200 | 3.26 | 3.26 | 3.26 | 3.14 | 3.07 | 2.55 | 2.54 | 2.53 |
| 7.00 | 7.00 | 7.00 | 6.58 | 6.31 | 6.25 | 6.24 | 6.18 | 400 | 7.00 | 7.00 | 7.00 | 6.58 | 6.53 | 6.50 | 6.47 | 6.43 |

Warm-up Procedure

Warm-up procedures will be advertised at the pool during the meet; please ensure swimmers follow these instructions. Diving is only permitted in specified lanes during warm-up; all other entry to the water must be **FEET FIRST**. The meet will start from the northern end of the pool and there will be 2 lanes available for the duration of the meet for warm-up and warm-down purposes towards the southern end of the pool. Please pay attention to pool signage for direction to these lanes.

Only competitors are able to use warm-up and warm-down facilities.