

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

Individual Meet Results

2018 SwimWn LC Champs 20-Jan-18 to 22-Jan-18 LC Meters - FINA Points

Location: WRAC

TAWA SWIMMING CLUB [TAWWN] Group: SW Coach: Jason McPhee

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Balmer, Jamie (16) 8/07/2001 F TWABJZ080701					
2:52.01L 355	F # 26D	Female 16-17 200 Fly	4	7	7.88
2:53.94L 343	P # 26D	Female 16-17 200 Fly	5	---	9.81
1:24.36L 327	P # 28D	Female 16-17 100 Back	13	---	4.09
1:25.27L 316	F # 28D	Female 16-17 100 Back	10	1	5.00
33.28L 362	P # 32D	Female 16-17 50 Free	22	---	1.98
6:11.16L 378	F # 34D	Female 16-17 400 IM	9	2	-4.09
Cooper, Matthew (13) 30/04/2004 M TWACMT300404					
33.73L 362	F # 2A	Male 13 & Under 50 Back	7	4	-0.06
33.95L 355	P # 2A	Male 13 & Under 50 Back	8	---	0.16
1:18.20L 417	F # 4A	Male 13 & Under 100 Breast	2	11	-0.40
1:20.38L 384	P # 4A	Male 13 & Under 100 Breast	3	---	1.78
2:40.46L 358	P # 13A	Male 13 & Under 200 IM	11	---	1.65
1:03.99L 393	P # 15A	Male 13 & Under 100 Free	11	---	-0.45
36.09L 401	F # 19A	Male 13 & Under 50 Breast	4	7	0.38
36.55L 386	P # 19A	Male 13 & Under 50 Breast	4	---	0.84
1:13.31L 355	F # 27A	Male 13 & Under 100 Back	8	3	0.17
1:15.04L 331	P # 27A	Male 13 & Under 100 Back	11	---	1.90
2:51.47L 406	F # 29A	Male 13 & Under 200 Breast	2	11	-0.61
2:56.43L 373	P # 29A	Male 13 & Under 200 Breast	2	---	4.35
28.78L 383	P # 31A	Male 13 & Under 50 Free	11	---	-0.95
Craven, Hannah (15) 25/07/2002 F TWACHM250702					
36.98L 391	P # 3C	Female 15-15 50 Back	16	---	0.66
35.78L 343	P # 7C	Female 15-15 50 Fly	19	---	0.20
1:12.61L 368	P # 14C	Female 15-15 100 Free	21	---	-1.21
1:21.35L 364	P # 28C	Female 15-15 100 Back	16	---	-0.90
33.43L 357	P # 32C	Female 15-15 50 Free	25	---	-0.66
Downs, Sarah (16) 15/01/2002 F TWADSK150102					
36.43L 409	P # 3D	Female 16-17 50 Back	8	---	0.97
1:28.47L 384	P # 5D	Female 16-17 100 Breast	10	---	2.82
2:19.92L 526	F # 9D	Female 16-17 200 Free	8	3	2.40
2:20.22L 523	P # 9D	Female 16-17 200 Free	10	---	2.70
1:05.26L 507	P # 14D	Female 16-17 100 Free	8	---	1.76
1:05.41L 504	F # 14D	Female 16-17 100 Free	10	1	1.91
2:39.01L 474	P # 16D	Female 16-17 200 Back	8	---	4.13
2:39.59L 469	F # 16D	Female 16-17 200 Back	8	3	4.71
4:53.74L 537	F # 22D	Female 16-17 400 Free	8	3	8.72
1:16.09L 445	P # 28D	Female 16-17 100 Back	9	---	1.42
1:16.20L 443	F # 28D	Female 16-17 100 Back	7	4	1.53
30.43L 474	P # 32D	Female 16-17 50 Free	9	---	0.29
30.53L 469	F # 32D	Female 16-17 50 Free	8	3	0.39

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Florance, Tyler (15) 23/08/2002 M TWAFM230802					
34.60L 335	P # 2C	Male 15-15 50 Back	15	---	0.27
31.80L 350	P # 6C	Male 15-15 50 Fly	13	---	0.26
2:16.57L 416	P # 8C	Male 15-15 200 Free	12	---	0.81
4:44.69L 461	F # 10C	Male 15-15 400 Free	9	2	-1.29
2:34.85L 399	F # 13C	Male 15-15 200 IM	9	2	0.28
2:35.66L 392	P # 13C	Male 15-15 200 IM	11	---	1.09
1:01.81L 437	P # 15C	Male 15-15 100 Free	14	---	-0.34
37.46L 358	P # 19C	Male 15-15 50 Breast	8	---	-0.46
38.07L 341	F # 19C	Male 15-15 50 Breast	10	1	0.15
1:10.39L 354	F # 21C	Male 15-15 100 Fly	9	2	-0.88
1:11.20L 342	P # 21C	Male 15-15 100 Fly	9	---	-0.07
1:13.76L 349	P # 27C	Male 15-15 100 Back	12	---	1.00
28.61L 390	P # 31C	Male 15-15 50 Free	15	---	-0.32
5:27.25L 413	F # 33C	Male 15-15 400 IM	5	6	5.33
Gianos, Clara (14) 7/03/2003 F TWAGCZ070303					
2:53.59L 383	P # 1B	Female 14-14 200 IM	20	---	5.32
41.07L 286	P # 3B	Female 14-14 50 Back	24	---	2.97
1:29.70L 369	P # 5B	Female 14-14 100 Breast	5	---	4.72
1:30.13L DQ	F # 5B	Female 14-14 100 Breast	---	---	---
1:14.76L 337	P # 14B	Female 14-14 100 Free	27	---	0.53
42.16L DQ	P # 18B	Female 14-14 50 Breast	---	---	---
1:23.69L 334	P # 28B	Female 14-14 100 Back	23	---	3.24
3:11.26L 384	P # 30B	Female 14-14 200 Breast	5	---	9.39
3:12.52L 377	F # 30B	Female 14-14 200 Breast	4	7	10.65
34.74L 318	P # 32B	Female 14-14 50 Free	27	---	0.74
Healey, Olivia (16) 18/11/2001 F TWAHOH181101					
2:33.79L 551	F # 1D	Female 16-17 200 IM	5	6	1.50
2:33.88L 550	P # 1D	Female 16-17 200 IM	3	---	1.59
30.34L 564	F # 7D	Female 16-17 50 Fly	2	11	-0.51
30.79L 539	P # 7D	Female 16-17 50 Fly	2	---	-0.06
2:17.96L 549	P # 9D	Female 16-17 200 Free	4	---	2.38
2:30.65L 558	F # 16D	Female 16-17 200 Back	3	8	1.31
2:32.55L 537	P # 16D	Female 16-17 200 Back	3	---	3.21
1:07.43L 572	F # 20D	Female 16-17 100 Fly	2	11	-1.53
1:08.55L 544	P # 20D	Female 16-17 100 Fly	3	---	-0.41
2:33.43L 500	F # 26D	Female 16-17 200 Fly	1	15	-0.65
2:35.07L 484	P # 26D	Female 16-17 200 Fly	1	---	0.99
1:13.17L 501	P # 28D	Female 16-17 100 Back	6	---	3.12
29.52L 519	F # 32D	Female 16-17 50 Free	6	5	0.22
29.84L 502	P # 32D	Female 16-17 50 Free	8	---	0.54

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Helm, Katie (15) 25/05/2002 F TWAHKZ250502					
2:43.59L 458	P # 1C	Female 15-15 200 IM	12	---	2.02
36.88L 395	P # 3C	Female 15-15 50 Back	15	---	0.16
31.60L 499	F # 7C	Female 15-15 50 Fly	4	7	0.45
31.75L 492	P # 7C	Female 15-15 50 Fly	4	---	0.60
1:05.50L 502	P # 14C	Female 15-15 100 Free	7	---	-2.03
1:07.26L 463	F # 14C	Female 15-15 100 Free	9	2	-0.27
1:07.90L 560	F # 20C	Female 15-15 100 Fly	2	11	-0.19
1:08.11L 555	P # 20C	Female 15-15 100 Fly	1	---	0.02
2:28.38L 553	P # 26C	Female 15-15 200 Fly	1	---	0.32
2:28.58L 551	F # 26C	Female 15-15 200 Fly	1	15	0.52
30.38L 476	P # 32C	Female 15-15 50 Free	10	---	-0.30
Keegan, Aaron (14) 6/10/2003 M TWAKAJ061003					
34.84L 328	P # 2B	Male 14-14 50 Back	13	---	-0.40
1:27.65L 296	P # 4B	Male 14-14 100 Breast	14	---	-1.45
31.01L 378	F # 6B	Male 14-14 50 Fly	8	3	-0.85
31.16L 372	P # 6B	Male 14-14 50 Fly	9	---	-0.70
1:06.16L 356	P # 15B	Male 14-14 100 Free	26	---	-0.42
1:10.18L 357	F # 21B	Male 14-14 100 Fly	9	2	-1.38
1:11.07L 344	P # 21B	Male 14-14 100 Fly	9	---	-0.49
1:19.97L 273	P # 27B	Male 14-14 100 Back	22	---	0.65
29.31L 363	P # 31B	Male 14-14 50 Free	22	---	0.03
Keegan, Joshua (16) 4/09/2001 M TWAKJZ040901					
33.73L 362	P # 2D	Male 16-17 50 Back	9	---	0.12
34.69L 332	F # 2D	Male 16-17 50 Back	10	1	1.08
1:22.23L 359	P # 4D	Male 16-17 100 Breast	14	---	2.82
2:16.46L 417	P # 8D	Male 16-17 200 Free	15	---	1.59
1:01.79L 437	P # 15D	Male 16-17 100 Free	12	---	-1.00
1:07.69L 398	P # 21D	Male 16-17 100 Fly	13	---	0.17
2:50.17L 415	P # 29D	Male 16-17 200 Breast	7	---	2.24
2:51.94L 403	F # 29D	Male 16-17 200 Breast	7	4	4.01
29.10L 371	P # 31D	Male 16-17 50 Free	17	---	0.09
5:35.99L 382	F # 33D	Male 16-17 400 IM	7	4	18.15
Leung, Justin (15) 9/02/2002 M TWALJZ090202					
1:24.69L 328	P # 4C	Male 15-15 100 Breast	11	---	0.15
32.62L 325	P # 6C	Male 15-15 50 Fly	17	---	-0.70
2:40.54L 358	P # 13C	Male 15-15 200 IM	14	---	-3.39
2:41.22L 334	P # 17C	Male 15-15 200 Back	8	---	0.29
2:38.27L 353	F # 17C	Male 15-15 200 Back	8	3	-2.66
39.47L 306	P # 19C	Male 15-15 50 Breast	12	---	1.02
1:14.13L 343	P # 27C	Male 15-15 100 Back	13	---	-0.56
3:00.15L 350	F # 29C	Male 15-15 200 Breast	5	6	-2.91
3:02.17L 338	P # 29C	Male 15-15 200 Breast	6	---	-0.89
29.66L 350	P # 31C	Male 15-15 50 Free	20	---	-0.14

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Time	F/P/S	Event	Place	Points	Improv
Lewis, Cerys (15) 15/10/2002 F TWALCB151002					
2:41.93L 472	F # 1C	Female 15-15 200 IM	7	4	1.76
2:42.33L 469	P # 1C	Female 15-15 200 IM	10	---	2.16
32.82L 560	F # 3C	Female 15-15 50 Back	5	6	0.32
32.96L 553	P # 3C	Female 15-15 50 Back	5	---	0.46
32.02L 479	P # 7C	Female 15-15 50 Fly	5	---	0.16
32.08L 477	F # 7C	Female 15-15 50 Fly	6	5	0.22
1:06.19L 486	P # 14C	Female 15-15 100 Free	10	---	2.27
1:06.63L 477	F # 14C	Female 15-15 100 Free	8	3	2.71
2:38.84L 476	P # 16C	Female 15-15 200 Back	10	---	6.98
2:39.05L 474	F # 16C	Female 15-15 200 Back	7	4	7.19
1:11.04L 547	F # 28C	Female 15-15 100 Back	5	6	1.34
1:11.35L 540	P # 28C	Female 15-15 100 Back	4	---	1.65
29.87L 501	P # 32C	Female 15-15 50 Free	9	---	0.65
30.21L 484	F # 32C	Female 15-15 50 Free	7	4	0.99
Moon, Gavin (13) 5/06/2004 M TWAMGW050604					
33.38L 373	P # 2A	Male 13 & Under 50 Back	6	---	-0.07
34.21L 347	F # 2A	Male 13 & Under 50 Back	8	2.5	0.76
29.26L 450	F # 6A	Male 13 & Under 50 Fly	4	7	-1.19
29.37L 445	P # 6A	Male 13 & Under 50 Fly	3	---	-1.08
1:02.55L 421	P # 15A	Male 13 & Under 100 Free	5	---	-1.03
1:03.09L 411	F # 15A	Male 13 & Under 100 Free	5	5.5	-0.49
1:05.48L 440	F # 21A	Male 13 & Under 100 Fly	3	8	-2.46
1:08.45L 385	P # 21A	Male 13 & Under 100 Fly	4	---	0.51
1:12.66L 365	P # 27A	Male 13 & Under 100 Back	5	---	-0.32
1:12.98L 360	F # 27A	Male 13 & Under 100 Back	6	5	---
27.75L 427	F # 31A	Male 13 & Under 50 Free	4	7	-1.42
27.80L 425	P # 31A	Male 13 & Under 50 Free	3	---	-1.37
Parker, Chelsea (16) 11/06/2001 F TWAPCA110601					
2:34.38L 545	F # 1D	Female 16-17 200 IM	7	4	1.49
2:35.21L 536	P # 1D	Female 16-17 200 IM	5	---	2.32
1:18.92L 542	P # 5D	Female 16-17 100 Breast	3	---	0.73
1:19.34L 533	F # 5D	Female 16-17 100 Breast	4	7	1.15
36.86L 511	F # 18D	Female 16-17 50 Breast	4	7	0.53
37.35L 491	P # 18D	Female 16-17 50 Breast	4	---	1.02
1:11.17L 486	P # 20D	Female 16-17 100 Fly	5	---	-0.24
1:11.31L 483	F # 20D	Female 16-17 100 Fly	4	7	-0.10
2:39.57L 444	F # 26D	Female 16-17 200 Fly	3	8	2.01
2:40.25L 439	P # 26D	Female 16-17 200 Fly	2	---	2.69
2:50.65L 541	F # 30D	Female 16-17 200 Breast	4	7	2.06
2:51.23L 536	P # 30D	Female 16-17 200 Breast	4	---	2.64

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Rolston-Larking, Jenna (13) 15/02/2004 F TWARJR150204					
2:32.96L 560	P # 1A	Female 13 & Under 200 IM	1	---	0.68
2:33.49L 555	F # 1A	Female 13 & Under 200 IM	2	11	1.21
1:18.33L 554	P # 5A	Female 13 & Under 100 Breast	1	---	-1.60
1:19.19L 536	F # 5A	Female 13 & Under 100 Breast	2	11	-0.74
30.43L 559	P # 7A	Female 13 & Under 50 Fly	1	---	0.28
30.97L 530	F # 7A	Female 13 & Under 50 Fly	2	11	0.82
1:03.42L 553	F # 14A	Female 13 & Under 100 Free	4	7	0.18
1:04.31L 530	P # 14A	Female 13 & Under 100 Free	3	---	1.07
1:06.65L 592	F # 20A	Female 13 & Under 100 Fly	1	15	0.77
1:06.93L 585	P # 20A	Female 13 & Under 100 Fly	1	---	1.05
4:47.98L 570	F # 22A	Female 13 & Under 400 Free	1	15	-4.26
2:27.13L 567	P # 26A	Female 13 & Under 200 Fly	1	---	3.12
2:32.02L 514	F # 26A	Female 13 & Under 200 Fly	1	15	8.01
2:49.28L 554	F # 30A	Female 13 & Under 200 Breast	2	11	-1.45
2:51.56L 533	P # 30A	Female 13 & Under 200 Breast	1	---	0.83
30.00L 494	F # 32A	Female 13 & Under 50 Free	7	4	0.54
30.13L 488	P # 32A	Female 13 & Under 50 Free	9	---	0.67
5:26.47L 555	F # 34A	Female 13 & Under 400 IM	1	15	3.32
Teekman, Amy (12) 9/09/2005 F TWATAZ090905					
39.48L 321	P # 3A	Female 13 & Under 50 Back	44	---	-2.29
34.75L DQ	P # 7A	Female 13 & Under 50 Fly	---	---	---
1:11.37L 388	P # 14A	Female 13 & Under 100 Free	43	---	-2.89
41.58L 356	P # 18A	Female 13 & Under 50 Breast	19	---	0.74
Viskovic, Danika (15) 9/08/2002 F TWAVDP090802					
34.00L 504	P # 3C	Female 15-15 50 Back	10	---	1.80
35.33L 449	F # 3C	Female 15-15 50 Back	10	1	3.13
1:28.27L 387	F # 5C	Female 15-15 100 Breast	8	3	4.96
1:28.50L 384	P # 5C	Female 15-15 100 Breast	7	---	5.19
1:09.31L 424	P # 14C	Female 15-15 100 Free	18	---	4.36
2:41.87L 450	P # 16C	Female 15-15 200 Back	14	---	12.97
40.96L 372	F # 18C	Female 15-15 50 Breast	7	4	3.17
41.25L 365	P # 18C	Female 15-15 50 Breast	6	---	3.46
1:14.59L 473	P # 28C	Female 15-15 100 Back	11	---	5.39
30.57L 467	P # 32C	Female 15-15 50 Free	12	---	1.21
30.92L 452	F # 32C	Female 15-15 50 Free	9	2	1.56

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Wong, Elisia (15) 30/09/2002 F TWAWEZ300902					
2:42.82L 465	P # 1C	Female 15-15 200 IM	11	---	5.31
32.06L 601	F # 3C	Female 15-15 50 Back	4	7	0.80
32.91L 555	P # 3C	Female 15-15 50 Back	4	---	1.65
1:21.84L 486	F # 5C	Female 15-15 100 Breast	3	8	1.30
1:24.60L 440	P # 5C	Female 15-15 100 Breast	3	---	4.06
2:34.25L 520	P # 16C	Female 15-15 200 Back	5	---	1.06
2:42.32L 446	F # 16C	Female 15-15 200 Back	9	2	9.13
38.79L 438	P # 18C	Female 15-15 50 Breast	2	---	1.55
39.30L 422	F # 18C	Female 15-15 50 Breast	3	8	2.06
1:13.81L 488	P # 28C	Female 15-15 100 Back	9	---	4.00
1:14.52L 474	F # 28C	Female 15-15 100 Back	10	1	4.71
2:59.71L 463	F # 30C	Female 15-15 200 Breast	2	11	1.25
3:03.50L 435	P # 30C	Female 15-15 200 Breast	3	---	5.04
31.40L 431	P # 32C	Female 15-15 50 Free	19	---	0.91
Wong, Max (15) 2/07/2002 M TWAWMN020702					
1:19.07L 404	P # 4C	Male 15-15 100 Breast	7	---	0.76
1:20.75L 379	F # 4C	Male 15-15 100 Breast	7	4	2.44
2:07.17L 515	F # 8C	Male 15-15 200 Free	3	8	-1.55
2:09.10L 493	P # 8C	Male 15-15 200 Free	4	---	0.38
4:35.59L 509	F # 10C	Male 15-15 400 Free	6	5	3.21
58.89L 505	F # 15C	Male 15-15 100 Free	6	5	0.26
59.72L 484	P # 15C	Male 15-15 100 Free	7	---	1.09
35.49L 421	F # 19C	Male 15-15 50 Breast	5	6	0.32
36.23L 396	P # 19C	Male 15-15 50 Breast	5	---	1.06
2:53.77L 390	P # 29C	Male 15-15 200 Breast	4	---	4.69
27.25L 451	P # 31C	Male 15-15 50 Free	9	---	-0.16
27.51L 439	F # 31C	Male 15-15 50 Free	10	1	0.10