



COMMUNITY SWIM SCHOOL

The entire Tawa pool complex is hired on Monday and Thursday nights, from 7.00pm to 8.00pm. On Sundays TSC hires lanes from 10.00am.

The swim school teaches children from five years of age on Monday and Thursday nights from 7pm to 8pm, and Sunday mornings, 10am – 11am. **There is no swimming during school holidays or on public holidays.**

Our swim teachers are volunteers who are mentored by our professional coach.

A swimmer is assigned a group, based on their capabilities and not their age. Assessments of the swimmers are made regularly.

Once a swimmer has reached the top level of the community swim school, they are expected to move into either our competitive squads or our recreational squad. We do not have the capability to allow children to remain in community lanes once they have achieved all skills required.

It is a legal requirement for children under the age of eight years to have a parent or Guardian over the age of sixteen, on poolside. We encourage all parents to take the opportunity to watch their children develop as swimmers, meet other parents and help with setting up and returning equipment.

Swimmers and spectators attending swim school sessions must pay the pool entrance fee before entering. Concession tickets are available.

Please note that WCC make this charge.

SUBSCRIPTIONS

To join the TSC, an application form must be filled out and signed. These forms are available at club sessions.

Subscription to the TSC is payable with a completed application form. Our financial year is changing and will start on 1 July each year. The subscription fee is \$250.00 incl GST and is payable in full regardless of your starting date. Discounts apply to subsequent children in the family. A swim cap is provided with your receipt.

Please note that our subscription does not cover the cost of pool entry, which is charged by WCC.

COMMUNICATIONS

Newsletters are produced regularly and sent by e-mail. Please ensure we have your current contact details. Please check the club noticeboard for up-to-date information on events. Any correspondence to the club, payments, application forms or race entries can be dropped into the mailbox next to our noticeboard at Tawa pool.

TIME TRIALS

On the first Thursday of each month, excluding holidays, TSC runs time trials. This is an introduction to competition in a non-threatening environment. Swimmers are rewarded for their efforts with "Best Time" ribbons and occasionally chocolate bars. Encouragement is given to a young swimmer who achieves a correct or legal swim. Points are awarded on the following basis (which go toward a trophy):

Each swim including a first time swim: 1 point

For each personal best time (PB): 1 point
Swimmers are allowed a maximum of 3 swims.
Parent help is required for this valuable event to take place.

GOLD COAST ZONE CARNIVALS

These swim meets are run several times a year and are a progression from our club time trials. The three local clubs run these carnivals at Tawa pool, Cannons Creek pool and Raumati pool. Swimmers need to be able to swim a 50 metre freestyle to enter. Each meet has different restrictions so please read the dodger, which is on the noticeboard, thoroughly before entering. Payment is at the pool on race night. The emphasis at these carnivals is on improving a swimmer's time rather than winning the race. Parents will be asked to time-keep or help in some way at all swim meets.

PARENTAL ASSISTANCE

The committee and the community swim school coaches are all volunteers. By joining your child you agree to assist where required. We especially need parents to help at time trials and any swim meet your child may enter. Other ways you can assist are:

- helping get the gear out at the start of the session and putting it away at the end
- taking the roll
- being rostered to make coffee for the volunteer coaches
- volunteering to be a coach
- help with fundraising
- join the committee

GLOSSARY

TSC	Tawa Swimming Club
Flyer	Swim meet information poster
BK	Backstroke
BRST	Breaststroke
FLY	Butterfly
FREE	Freestyle
IM	Individual Medley
PB	Personal best time
PB Chart	Spreadsheet showing swimmers best times
Club Champs	Open to all club members
Competitive Time	A predetermined time for any given stroke over a set distance which enables the swimmer to compete at a higher level
Race Secretary	Person responsible for placing entries, keeping updated records and checking for qualifying times
DQ	A disqualification for doing something incorrect when competing in a race
Long Course	Swim meet held in a 50m pool
Short Course	Swim meet held in a 25m pool
National meet	Swimming NZ run the following: Junior Nationals, Division 2, National Age Groups, Youth and Opens
WCC	Wellington City Council. Tawa pool is owned and operated by WCC
Swimming Wgtn	Wellington Swimming Association
SNZ	Swimming New Zealand

TSC is affiliated to both Swimming Wellington and Swimming New Zealand

TAWA SWIMMING CLUB COMMITTEE

Club Patron	Veronica Gould
President	Greg McCarthy
Secretary	Rachel Allan
Treasurer	Ngarie Huggins
Race Secretary	Mike Gillum
Club Captain	Dave Morgan
Squad Coordinator	Greg McCarthy
Officials Coordinator	Catherine Barnes
Committee Members:	Penny Sinclair Kim Radovanovich Kathryn Gillum Mary Crampton

The committee meets once a month, on the first Tuesday of the month in the club rooms. Please advise of any issues in writing - either by email or placing in the box next to the noticeboard.

For information regarding TSC please contact:

Rachel Allan	232-7910
Greg McCarthy	232-9739

Enquiries on Gold Coast meets please contact:

Maxine Gordon	232-9195
Hugh Allan	232-7910

For information regarding swim meets other than Gold Coast meets contact:

Mike Gillum	232-6320
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Our Time Trial Coordinator is:

Catherine Barnes	232-6216
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The club President can be contacted for any other matters. Greg McCarthy 232-9739



"TO PROMOTE, FOSTER AND ENCOURAGE SWIMMING..."

Tawa Swimming Club has been teaching children to swim and coaching competitive swimmers since 1972.

COMMUNITY SWIM SCHOOL

Club membership is open to any child wanting to learn to swim, any child wanting to improve their swimming as well as competitive swimmers.

Our New Website is coming soon